INFORMATION REPORT INFORMATION REPORT

CENTRAL INTELLIGENCE AGENCY

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FOOD RATIONS IN THE CZECHOSLOVAK ARMY (C)

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FOOD RATIONS IN THE CZECHOSLOVAK ARMY (C)	
Introduction	
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1. Food Norms

a. General

The Czechoslovak Army had four standard norms for food issued to the troops. The four norms, their approximate caloric content, and to whom they were fed, were as follows:

NORM	APPROXIMATE CALORIC CONTENT	TO WHOM FED
H	3200	Troops in garrison
CH	3500	Troops in the field
L	6000	Paratroopers and pilots
S	5000	Athletes

b. H Norm

The H norm, normally fed to troops in garrison, consisted of three hot meals per day, which were served at a minimum of 6 hour intervals.

For computation purposes, each man was allowed 220 grams of boneless raw meat per day. Soup bones were sometimes issued as soup stock,

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but were not included in the ration allowance.

Each man was allowed 500 grams of bread per day, which was sliced and served at the three meals.

Dumplings were served quite often. They were served a minimum of four times per week No specific amount of dumplings was served, but usually they were so large and hard that one 50X1-HUM serving was enough.

Soups normally consisted of dried peas, dried beans, or lentils. They varied according to the ingredients issued at the desired retrorbereak-down point.

Potatoes and rice constituted approximately 1/3 of the starch fed to the troops.

Fresh fruits and vegetables were served when in season; otherwise items were frozen or canned when issued. The amount of canned fruits served was not known, except that large portions were served whenever they were on the menu.

Fish was served once or twice a month. Most of it was fillet from the North Sea.

Normally $\frac{1}{2}$ liter of bad-tasting coffee or tea was served at each meal; seconds were available, but because of the taste one cup was usually sufficient.

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(1) Weekly Menu

The H norm breakfast was only varied on Sundays. The other meals varied daily. A typical weekly menu for the H Norm was as follows:

Every Day Except Sunday: Breakfast

1 liter of black ersatz coffee with sodium nitrate

40 to 60 grams of butter

50 grams of cheese

20 grams of jam or marmalade

Bread

Monday: Dinner

Usually meatless

1 liter of ersatz coffee with sodium nitrate

Dumplings

Fruit with dumplings covered with nutmeg or cinnamon.

Supper

Stewed beans

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Pea soup or lentil soup

Broiled bacon

Fried onions

Bread

liter of ersatz coffee with sodium nitrate

Tuesday: Dinner

Usually beef soup with noodles or macaroni

Tomato sauce

Cream sauce

1 liter of tea

Bread

Supper

French potatoes. They were made by preparing a layer of sliced boiled potatoes, a layer of sliced hard-boiled eggs, a layer of sliced salami, a layer of sliced potatoes, and a layer of sliced hard boiled eggs, and then baking.

1 Liter of ersatz coffee with sodium nitrate

Bread

Wednesday: Dinner

Potato soup

Roast pork

Dumplings

Sauerkraut

1 liter of tea

Bread

Supper

Dumplings

Roast beef with tomato sauce

1 liter of ersatz coffee with sodium nitrate

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	Fresh fruit in season	
	Bread	
Thursday:	Dinner	
	Pork	
	Cucumber salad	
	Dumplings	
	i liter of tea	
	Bread	
	Supper	
	Lentil, bean or pea soup	
	Smoked meat	
	$\frac{1}{2}$ liter of ersatz coffee with sodium nitrate	
	Bread	

Friday: <u>Dinner</u>

Pork with a flour sauce

Potatoes

Slice of cucumber

½ liter of tea

Bread

Supper

Beef

Dumplings with a sauce

Bread

 $\frac{1}{2}$ liter of ersatz coffee with sodium mitrate

Saturday: Dinner

Dumplings

Pork with flour sauce

Cucumber or lettuce salad

½ liter of tea

Bread

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Supper

This was usually a prepared package for the soldiers to take with them into town. It consisted of:

2 packages of ersatz coffee

Salami

Sausage

Bread

Cucumber

Fresh fruit

Sunday: Breakfast

Rolls

Cocoa with milk

50 grams of salami

50 grams of butter

30 grams of jam

Dinner

Veal cutlet

Mashed potatoes

Canned apples

1 liter of tea

Fresh fruit in season

Bread

Supper

Rice cooked with scraps of veal

Cucumber

liter of ersatz coffee with sodium nitrate

Bread

(2) Allowances Per Day Per Man

When a regiment drew rations from division, the following was the approximate breakdown used to compute allowances per man per day:

50 grams of bacon

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	20 grams of sugar
	20 grams of salt
	220 grams of boneless meat or dry salami
	500 grams of bread
	800 grams of potatoes, or 500 grams of rice, dried beans, dried peas, or lentils.
	50 grams of lard
	50 grams of butter
	2 eggs
	20 grams of tea
	4 packages of ersatz coffee
	25 grams of jam or marmalade
	100 grams of noodles
	100 grams of fruits or vegetables (fresh)
	Cocoa
c. .	CH Norm
an increase	The CH norm was basically the same as the H norm, except for in the following items:
	50 additional grams of salami
	50 additional grams of fresh fruit and vegetables
	20 additional grams of butter
	200 additional grams of bread
	50 additional grams of bacon
đ.	T. Norm

d. L Norm

The L norm was much the same as the H norm except that it contained more meat, less potatoes, and an unknown type and quantity of liquor.

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e. S Norm

the increase of the S norm over the H norm. Following is a typical daily menu of the S norm: 50X1-HUM

<u></u>

Breakfast

Ham and eggs

(80 grams of ham or 20 grams of bacon and two eggs)

1 liter of bean coffee with milk or cocoa

Whole fresh milk

100 grams of Hungarian salami

50 grams of butter

White bread or rolls

1 can of liver paste

Jam or marmalade

Dinner

200-250 grams of lean meat (beef, pork or veal)

 $\frac{1}{2}$ liter of soup (thick and good)

100 grams of dumplings (usually three, since they were small and light)

Sauerkraut

Frozen apricots in syrup

Bread

Bean coffee

Chocolate bar (either milk or dark chocolate) or pudding

Supper

200 to 250-gram veal cutlet

Mayonnaise salad (potatoes, onions, pickles and cucumbers)

Tea with raspberry syrup

Grapefruit, tomato or orange juice

Bread

Breakfast usually was the same each morning except that occasionally hot biscuits were served in lieu of bread. Dinner and supper varied in that dumplings were not always served and in season there was fresh fruit. Following were variations used for the dinner and supper meals in the

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S norm:			
Dir	nner		
Ste	eak with a fried egg		
Bal	ed, fried or French fried pot	atoes	
	mato salad with onions ding, strawberries or raspberr	ies with whipped cream	
Fre	esh fruit		
Bea	an coffee		
Sup	pper		
Vea	al cutlet		
Ric	ee		
Cuc	cumber salad		
Coo	coa		
2. Monetary Allowan	ce for Rations		
Each of the four	types of rations varied in co	est according to who	50X1-HUM
H Norm - 14 t	o 16 koruny per day		
CH Norm - 16	to 18 koruny per day		
L Norm - Unkn	own		
S Norm - Appr athlete was given approxi	oximately 28 to 35 koruny per mately 14 koruny per day to pu	day. Also, each urchase fresh fruit.	
When conscrip mately 21 koruny per day from the messhall in lieu	ts were on DS or TDY, they wer for rations. Sometimes a pack of the money.	e allowed approxi- aged lunch was issued	·
Officer candi for rations. They were n did.	dates were allowed between 20 ot allowed to eat in EM messes	, but occasionally	X1-HUM
Conscripts re	ceived either ten cigarettes c	or the equivalent in	
loose tobacco each day.	The second services of	- we edutateur III	
3. Kitchen Facilitie	∌\$		
According to the	TO&E only one kitchen was aut	horized per regiment	

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in garrison, but while at tra	areas were usually permane	n had it own kitchen. ent structures approx-	
imately 1 km from the training	g site.		
When in garrison or meals per day. When on field of one hot meal per day and meals in the field, insulated ing sites. The food was take coming to a central point to	ore if possible. When the cans were used to carry to n to the individual sites	red to serve a minimum e kitchens served hot the food to the train-	
4. Storage at Regiment	and Division Level		
			50X1-HUM
on hand, each regiment had it and were fed the regimental g	S Own pig farm. The pigs	ddition to the metions	_
Each regiment drew von breakdown point.	egetables and meat daily f		50X1-HUM
rations at the division wareh	there was approximately ouse.	a 6-week supply of	
5. Local Procurement			
within the division. The only enough to draw supplies daily These units were authorized to meat, but had to draw such its coffee, dried peas, beans and	purchase milk, fruit, ve	small units not close breakdown point. getables, butter and	
6. Cold Storage Areas			
In every city or town was a civilian-owned and opera facilities to the military. If month supply of food in these filled to capacity. All items easier handling and quicker properties used mostly for meat and by civilian personnel in order the military's use of these facility.	cold storage plants, but skept in storage were children in the messhalls regetables. These plants is to prevent the local markets.	at leased half of its orage space for a 2-the spaces were never lled, not frozen, for the storage space	f
plant, there was enough food t case of an emergency.	o supply the local popular	t each cold storage ce for 6 months in	50X1-HUM
plant was on the northeast edg of the plant was begun in 1949	e of BRATISIAVA (see Annex It was decided in 1953	A). The construction	
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